

Tyler B. Mason, Ph.D.

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University of Southern California
2001 N. Soto St.
Los Angeles, CA 90032

EDUCATION

- Old Dominion University**, Norfolk, VA
Ph.D. in Applied Psychological Science August 2015
- Old Dominion University**, Norfolk, VA
M.S. in Experimental Psychology December 2012
Quantitative Concentration
- Old Dominion University**, Norfolk, VA
B.S. in Psychology, summa cum laude May 2010

PROFESSIONAL APPOINTMENTS

- Assistant Professor of Clinical Preventive Medicine** August 2017 – Present
Department of Preventive Medicine
Keck School of Medicine
University of Southern California, Los Angeles, CA
- Associate Director of USC Real Time Eating Activity & Children's Health (REACH) Lab** August 2017 – Present
Department of Preventive Medicine
Keck School of Medicine
University of Southern California, Los Angeles, CA
- Research Consultant** April 2017 – August 2019
MediaHealth Technologies, LLC
Los Angeles, CA
- NIMH T32 Postdoctoral Research Fellowship in Eating Disorders** July 2015 – July 2017
NIH Grant T32MH082761
Neuropsychiatric Research Institute, Fargo, ND

RESEARCH INTERESTS

- Cause, course, and treatment of eating disorders, obesity, and binge eating
- Ecological momentary assessment of eating disorders and obesity
- Multi-method approaches to examining theoretical models of eating and diet behaviors

- Use of advanced statistical applications in eating disorder and obesity research

AWARDS

NIH Loan Repayment Award Renewal: National Institute of Mental Health (2019-2020)
Travel Award: Indiana University Mathematical Sciences Short Course (2019)
Selected Attendee: Indiana University Mathematical Sciences Short Course (2019)
HBRSA Faculty Mentoring Award: USC Health Behavior Research Student Association (2019)
Selected Attendee: Physical Activity and Public Health (PAPH) Course (2018)
NIH Loan Repayment Award: National Institute of Mental Health (2017-2019)
Early Career Investigator Travel Fellowship: Academy for Eating Disorders (2017)
Student Travel Award: American Psychological Association (2014)
RISE Research Award Honorable Mention: Association for Psychological Science (2014)
RISE Research Award Honorable Mention: Association for Psychological Science (2013)
Student Travel Grant: ODU Student Engagement & Enrollment Services (2012)

TEACHING EXPERIENCE

Instructor, Ecological Momentary Assessment August 2018 – December 2018
University of Southern California, Department of Preventive Medicine, Los Angeles, CA

Instructor, Introduction to Health Promotion and Disease Prevention January 2018 – May 2018
University of Southern California, Department of Preventive Medicine, Los Angeles, CA

Teaching Assistant, Adolescent Psychology & Exceptional Child May 2013 – August 2013
Old Dominion University, Department of Psychology, Norfolk, VA

Lab Instructor, Quantitative Methods August 2012 – May 2013
Old Dominion University, Department of Psychology, Norfolk, VA

CURRENT GRANT FUNDING

UL1TR001855 (Mason, Habre, PIs)
Southern California Clinical and Translational Science Institute
A geospatial toolkit to investigate within-day and daily spatiotemporal covariations in geospatial contexts, environmental exposures, bio-behavioral responses, and obesity risk
Role: Principal Investigator
Total Costs: \$39,856

650.081 (Smith, PI) 11/27/18-11/26/19
Sanford Health Foundation
Development of an Ecological Momentary Intervention for Binge Eating Disorder
Role: Co-Investigator
Total Costs: \$33,000

R01HL119255 (Dunton, PI)

NIH/NHLBI

Maternal Stress and Children's Obesity Risk

Role: Co-Investigator

Total Costs: \$4,061,763

8/8/2013 - 6/30/2020

Percent Effort: 10%

Zumberge Interdisciplinary Large Award (Dunton, PI)

USC Office of Research

Affective Influences on Cancer Control Behaviors

Role: Co-Investigator

Direct Costs: \$85,000

COMPLETED GRANT FUNDING

R01HL121330. (Dunton, Hedeker, PIs)

NIH/NHLBI

Novel Statistical Models for EMA Studies of Physical Activity

Role: Co-Investigator

Total Costs: \$2,075,643

4/30/2014-3/31/2019

Grant-in-Aid Award (Mason, Gargurevich, Co-PI)

Society for the Psychological Study of Social Issues (SPSSI)

A Model of Minority Stress, Mental Health Outcomes, and IPV: Examining the Role of Fusion

Role: Co-Principal Investigator

Direct Costs: \$2,000

GRANTS UNDER REVIEW

R61MH123587-01 (Mason/Jin, PIs)

NIMH

Two-Phase Exploratory Test of a Just-In-Time Adaptive Intervention for Women with Binge Eating

7/01/2020-6/30/2025

R01DK125485-01 (Mason/Smith, PIs)

NIDDK

Biobehavioral Mechanisms of Activity, Loss of Control Eating, and Obesity in Children

Total Direct Costs: \$1,854,848.00

7/01/2020-6/30/2025

K01DK124435-01 (Mason, PI)

NIDDK

Biobehavioral Effects of Inhibitory Control on Eating and Diet Behaviors among Adolescents

Role: Principal Investigator

Total Direct Costs: \$718,538.00

PEER-REVIEWED PUBLICATIONS

70. Dunton, G. F., Kaplan, J., Monterosso, J., Pang, R., **Mason, T. B.**, Kirkpatrick, M., ... & Leventhal, A. M. (in press). Conceptualizing health behaviors as acute mood-altering agents: Implications for cancer control. *Cancer Prevention Research*.
69. **Mason, T. B.**, Do, B., & Dunton, G. F. (in press). Interactions of approach motivation and self-regulation in relation to obesity in children. *Eating and Weight Disorders*. doi:10.1007/s40519-019-00817-2
68. Jeffers, A. J., **Mason, T. B.**, & Benotsch, E. (in press). Psychological eating factors, affect, and ecological momentary assessed eating behaviors. *Eating and Weight Disorders*. doi:10.1007/s40519-019-00743-3
67. **Mason, T. B.**, Smith, K. E., Crosby, R. D., Engel, S. G., & Wonderlich, S. A. (in press). Examination of momentary maintenance factors and eating disorder behaviors and cognitions using ecological momentary assessment. *Eating Disorders: Journal of Treatment and Prevention*. doi:10.1080/10640266.2019.1613847
66. Simone, M., **Mason, T. B.**, Loth, K., Scodes, J., Wall, M., Larson, N., & Neumark-Sztainer, D. (in press). Shared risk and resilience factors for binge eating and binge drinking from adolescence to young adulthood. *Journal of Health Psychology*. doi:10.1177/1359105319844588
65. **Mason, T. B.**, Dunton, G. F., Gearhardt, A. N., & Leventhal, A. M. (2020). Affect, anhedonia, and negative urgency as predictors of hedonic hunger in adolescents. *Eating Behaviors*, *36*, 101343. doi:10.1016/j.eatbeh.2019.101343
64. Smith, K. E., **Mason, T. B.**, Schaefer, L. M., Juarascio, A., Dvorak, R., Weinbach, N., ... & Wonderlich, S. A. (2020). Examining intra-individual variability in inhibitory control and negative affect as predictors of binge eating using ecological momentary assessment. *Journal of Psychiatric Research*, *120*, 137-143. <https://doi.org/10.1016/j.jpsychires.2019.10.017>
63. **Mason, T. B.**, Do, B., Wang, S., & Dunton, G. F. (2020). Ecological momentary assessment of eating and dietary intake behaviors in children and adolescents: A systematic review of the literature. *Appetite*, *144*, 104465. doi:10.1016/j.appet.2019.104465
62. Yi, L., Wilson, J., **Mason, T.**, Habre, R., Wang, S., & Dunton, G. (2019). Methodologies for assessing contextual exposure to the built environment in physical activity studies: A systematic review. *Health & Place*, *60*, 102226. doi:10.1016/j.healthplace.2019.102226
61. Smith, K. E., **Mason, T. B.**, Juarascio, A., Schaefer, L., Engel, S. G., Crosby, R. D., & Wonderlich, S. A. (2019). Moving beyond self-report data collection in the natural environment: A review of the past and future directions for ambulatory assessment in eating disorders. *International Journal of Eating Disorders*, *52*, 1157-1175. doi:10.1002/eat.23124

60. Barakat, S., Smith, K. E., **Mason, T. B.**, Maguire, S., Crosby, R. D., & Touyz, S. (2019). Evaluating the role of digital intervention design in treatment outcomes and adherence to eTherapy programs for eating disorders: A systematic review and meta-analysis. *International Journal of Eating Disorders, 52*, 1077-1094. doi:10.1002/eat.23131
59. **Mason, T. B.**, Pacanowski, C. R., Lavender, J. M., Crosby, R. D., Wonderlich, S. A., Engel, S. G., ... & Peterson, C. B. (2019). Evaluating the ecological validity of the Dutch Eating Behavior Questionnaire among obese adults using ecological momentary assessment. *Assessment, 26*, 907-914. doi:10.1177/1073191117719508
58. **Mason, T. B.**, & Lewis, R. J. (2019). Clustered patterns of behavioral and health-related variables among young lesbian women. *Behavior Therapy, 50*, 683-695. doi:10.1016/j.beth.2018.10.006
57. Romanzini, C. L. P., Romanzini, M., Batista, M. B., Barbosa, C. C. L., Shigaki, G. B., Dunton, G., **Mason, T.**, & Ronque, E. R.V. (2019). Methodology used in Ecological Momentary Assessment (EMA) studies about sedentary behavior (SB) in children, adolescents and adults: A systematic review using the Checklist for Reporting EMA Studies (CREMAS). *Journal of Medical Internet Research, 21*, e11967. doi:10.2196/11967
56. **Mason, T. B.**, Engwall, A., Mead, M., & Irish, L. (2019). Sleep and eating disorders among adults enrolled in a commercial diet program: Associations with self-report and objective sleep measures. *Eating and Weight Disorders, 24*, 307–312. doi:10.1007/s40519-019-00664-1
55. **Mason, T. B.**, Smith, K. E., Engwall, A., Lass, A., Mead, M., Sorby, M., ... & Wonderlich, S. A. (2019). Self-discrepancy theory as a transdiagnostic framework: A meta-analysis of self-discrepancy and psychopathology. *Psychological Bulletin, 145*, 372-389. doi:10.1037/bul0000186
54. **Mason, T. B.**, O'Connor, S. G., Schembre, S. M., Huh, J., Chu, D., & Dunton, G. F. (2019). Momentary affect, stress coping, and food intake in mother–child dyads. *Health Psychology, 38*, 238-247. doi:10.1037/hea0000714
53. Smith, K. E., ***Mason, T. B.**, Crosby, R. D., Engel, S. G., & Wonderlich, S. A. (2019). A multimodal, naturalistic investigation of relationships between behavioral impulsivity, affect, and binge eating. *Appetite, 136*, 50-57. doi:10.1016/j.appet.2019.01.014
- *Co-first author
52. Smith, K. E., **Mason, T. B.**, Anderson, N. L., & Lavender, J. M. (2019). Unpacking cognitive emotion regulation in eating disorder psychopathology: The differential relationships between rumination, thought suppression, and eating disorder symptoms among men and women. *Eating Behaviors, 32*, 95-100. doi:10.1016/j.eatbeh.2019.01.003
51. Smith, K. E., **Mason, T. B.**, Crosby, R. D., Cao, L., Leonard, R., Wetterneck, C., ... &

- Moessner, M. (2019). A comparative network analysis of eating psychopathology and co-occurring depression and anxiety symptoms before and after treatment. *Psychological Medicine*, *49*, 314-324. doi:10.1017/S0033291718000867
50. **Mason, T. B.**, Smith, K. E., & Lavender, J. M. (2019). Stigma control model of dysregulated eating: A momentary maintenance model of dysregulated eating among marginalized/stigmatized individuals. *Appetite*, *132*, 67-72. doi:10.1016/j.appet.2018.09.017
49. **Mason, T. B.**, Lewis, R. J., & Heron, K. E. (2018). Disordered eating and body image concerns among sexual minority women: A systematic review and testable model. *Psychology of Sexual Orientation and Gender Diversity*, *5*, 397-422. doi:10.1037/sgd0000293
48. Smith, K. E., **Mason, T. B.**, Johnson, J., Lavender, J. M., & Wonderlich, S. A. (2018). Neurocognitive functioning in eating disorders: The state of the literature and future directions. *International Journal of Eating Disorders*, *51*, 798-821. doi:10.1002/eat.22929
47. Smith, K. E., **Mason, T. B.**, Pearson, C. M., & Peterson, C. B. (2018). Relationships between eating-specific and transdiagnostic risk factors for binge eating: An integrative moderated mediation model of emotion regulation, anticipatory reward, and expectancy. *Eating Behaviors*, *31*, 131-136. doi:10.1016/j.eatbeh.2018.10.001
46. **Mason, T. B.**, Lavender, J. M., Wonderlich, S. A., Crosby, R. D., Engel, S. G., Mitchell, J.E., ... & Peterson, C. B. (2018). An ecological momentary assessment investigation of appearance-related stress and binge eating and vomiting behaviors in adult anorexia nervosa. *Eating and Weight Disorders*, *23*, 637-644. doi:10.1007/s40519-017-0404-y
45. Allen, J. L., **Mason, T. B.**, Stout, D. M., & Rokke, P. D. (2018). Emotion specific effects on attentional bias among women with shape and weight concerns. *Cognitive Therapy and Research*, *42*, 612-621. doi:10.1007/s10608-018-9916-7
44. **Mason, T. B.**, Smith, K. E., Crosby, R. D., Wonderlich, S. A., Crow, S. J., Engel, S. G., & Peterson, C. B. (2018). Does the Eating Disorder Examination Questionnaire Global subscale adequately predict eating disorder psychopathology in the daily life of obese adults? *Eating and Weight Disorders*, *23*, 521-526. doi:10.1007/s40519-017-0410-0
43. **Mason, T. B.**, Wonderlich, S. A., Crosby, R. D., Engel, S. G., Mitchell, J. E. Crow, S. J., ... & Peterson, C. B. (2018). Daily life predictors of dimensions of eating disorder quality of life in adults with anorexia nervosa. *Psychiatry Research*, *267*, 108-111. doi:10.1016/j.psychres.2018.05.077
42. Pacanowski, C. R., **Mason, T. B.**, Crosby, R. D., Mitchell, J. E., Crow, S. J., Wonderlich, S. A., & Peterson, C. B. (2018). Weight change over the course of binge eating disorder treatment: Relationship to binge episodes and psychological factors. *Obesity*, *26*, 838-844. doi:10.1002/oby.22149

41. Smith, K. E., **Mason, T. B.**, & Lavender, J. M. (2018). Rumination, eating disorders, and body dissatisfaction: A meta-analysis. *Clinical Psychology Review, 61*, 9-23. doi:10.1016/j.cpr.2018.03.004
40. Anderson, N. L., Smith, K. E., **Mason, T. B.**, & Crowther, J. H. (2018). Testing an integrative model of emotion dysregulation and avoidance in non-suicidal self-injury and disordered eating. *Archives of Suicide Research, 22*, 295-310. doi:10.1080/13811118.2017.1340854
39. Smith, K. E., Crosby, R. D., Wonderlich, S. A., Forbush, K. T., **Mason, T. B.**, & Moessner, M. (2018). Network analysis: An innovative, new framework for understanding eating-disorder psychopathology. *International Journal of Eating Disorders, 51*, 214–222. doi:10.1002/eat.22836
38. Pearson, C. M., **Mason, T. B.**, Cao, L., Goldschmidt, A. B., Lavender, J. M., Crosby, R. D., ... & Peterson, C. B. (2018). A test of a state-based, self-control theory of binge eating in adults with obesity. *Eating Disorders: The Journal of Treatment and Prevention, 26*, 26-38. doi:10.1080/10640266.2018.1418358
37. Smith, K., **Mason, T. B.**, Leonard, R., Wetterneck, C., Smith, B., Farrell, N., & Riemann, B. (2018). Affective predictors of the severity and change in eating psychopathology residential eating disorder treatment: The role of social anxiety. *Eating Disorders: The Journal of Treatment and Prevention, 26*, 66-78. doi:10.1080/10640266.2018.1418314
36. **Mason, T. B.**, Smith, K. E., Lavender, J. M., & Lewis, R. J. (2018). Independent and interactive associations of negative affect, restraint, and impulsivity in relation to binge eating among women. *Appetite, 121*, 147-153. doi.org/10.1016/j.appet.2017.11.099
35. Smith, K. E., **Mason, T. B.**, Crosby, R. D., Engel, S. G., Crow, S. J., Wonderlich, S. A., & Peterson, C. B. (2018). State and trait positive and negative affectivity in relation to restraint and binge eating among adults with obesity. *Appetite, 120*, 327-334. doi:10.1016/j.appet.2017.09.020
34. **Mason, T. B.**, & Lewis, R. J. (2017). Examining social support, rumination, and optimism in relation to binge eating among Caucasian and African-American college women. *Eating and Weight Disorders, 22*, 693–698. doi:10.1007/s40519-016-0300-x
33. Lewis, R. J., Winstead, B. A., Lau-Barraco, C., & Mason, T. B., (2017). Social factors linking stigma-related stress with alcohol use among lesbians. *Journal of Social Issues, 73*, 545–562. doi:10.1111/josi.12231
32. **Mason, T. B.**, Crosby, R. D., Kolotkin, R. L., Grilo, C. M., Mitchell, J., Wonderlich, S. A., ... & Peterson, C. B. (2017). Predictors of weight-related quality of life among individuals with binge eating disorder before and after cognitive behavioral therapy. *Eating Behaviors, 27*, 1-6. doi.org/10.1016/j.eatbeh.2017.08.001

31. Smith, K. E., **Mason, T. B.**, Griffiths, S., Lavender, J. M., Murray, S., Leonard, R., ... & Riemann, B. (2017). Male clinical norms and sex differences on the Eating Disorder Inventory (EDI) and Eating Disorder Examination Questionnaire (EDE-Q). *International Journal of Eating Disorders, 50*, 769-775. doi:10.1002/eat.22716
30. **Mason, T. B.**, Lewis, R. J., & Heron, K. E. (2017). Indirect pathways connecting sexual orientation- and weight-related discrimination to disordered eating among young adult lesbians. *Psychology of Sexual Orientation and Gender Diversity, 4*, 193-204. doi:10.1037/sgd0000220
29. **Mason, T. B.**, Lavender, J. M., Wonderlich, S. A., Steiger, H., Cao, L., Engel, S. G., ... & Crosby, R. D. (2017). Comfortably numb: The role of momentary dissociation in the experience of negative affect around binge eating in bulimia nervosa. *Journal of Nervous and Mental Disease, 205*, 335-339. doi:10.1097/NMD.0000000000000658
28. **Mason, T. B.**, Lewis, R. J., & Heron, K. E. (2017). Daily discrimination and binge eating among lesbians: A pilot study. *Psychology & Sexuality, 8*, 96-103. doi:10.1080/19419899.2017.1296484
27. **Mason, T. B.**, Maduro, R., Derlega, V. J., Hacker, D., & Haywood, J. (2017). Individual differences in the impact of vicarious racism: African American students react to the George Zimmerman trial. *Cultural Diversity and Ethnic Minority Psychology, 23*, 174-184. doi:10.1037/cdp0000099
26. Goldschmidt, A. B., Crosby, R. D., Cao, L., Pearson, C. M., Utzinger, L., Pacanowski, C. R., **Mason, T. B.**, & ... Peterson, C. B. (2017). Contextual factors associated with eating in the absence of hunger among adults with obesity. *Eating Behaviors, 26*, 33-39. doi:10.1016/j.eatbeh.2017.01.005
25. Lewis, R. J., **Mason, T. B.**, Winstead, B. A., & Kelley, M. L. (2017). Empirical investigation of a model of sexual-minority specific and general risk factors for intimate partner violence among lesbian women. *Psychology of Violence, 7*, 110-119. doi:10.1037/vio0000036
24. **Mason, T. B.**, Lavender, J. M., Wonderlich, S. A., Crosby, R. D., Engel, S. G., Strauman, T. J., ... & Peterson, C. B. (2016). Self-discrepancy and eating disorder symptoms across eating disorder diagnostic groups. *European Eating Disorders Review, 24*, 541-545. doi:10.1002/erv.2483
23. Lewis, R. J., **Mason, T. B.**, Winstead, B. A., Gaskins, M. A., & Irons, L. (2016). Pathways to hazardous drinking among racially and socioeconomically diverse lesbian women: Sexual minority stress, rumination, social isolation, and drinking to cope. *Psychology of Women Quarterly, 40*, 564-581. doi:10.1177/0361684316662603
22. **Mason, T. B.** (2016). Binge eating and overweight and obesity among young adult lesbians. *LGBT Health, 3*, 472-476. doi:10.1089/lgbt.2015.0119

21. **Mason, T. B.**, & Heron, K. E. (2016). Do depressive symptoms explain associations between binge eating symptoms and later psychosocial adjustment in young adulthood? *Eating Behaviors*, *23*, 126-130. doi:10.1016/j.eatbeh.2016.09.003
20. Hacker, D. S., Haywood, J. E., Maduro, R. S., **Mason, T. B.**, Derlega, V. J., Harrison, S. B., & Socha, T. J. (2016). Reactions of African American students to the George Zimmerman trial: Co-rumination and thought intrusions as mediators. *Journal of Loss and Trauma*, *21*, 507-521. doi:10.1080/15325024.2016.1157405
19. **Mason, T. B.**, Pearson, C. M., Lavender, J. M., Wonderlich, S. A., Crosby, R. D., Erickson, A., ... & Peterson, C. B. (2016). Examining the role of self-discrepancy and self-directed style in bulimia nervosa. *Psychiatry Research*, *244*, 294-299. doi:10.1016/j.psychres.2016.07.056
18. Lavender, J. M., **Mason, T. B.**, Utzinger, L. M., Wonderlich, S. A., Crosby, R. D., Engel, S. G., ... & Peterson, C. B. (2016). Examining affect and perfectionism in relation to eating disorder symptoms among women with anorexia nervosa. *Psychiatry Research*, *241*, 267-272. doi:10.1016/j.psychres.2016.04.122
17. **Mason, T. B.**, Lavender, J. M., Wonderlich, S. A., Crosby, R. D., Joiner, T. E., Mitchell, J. E., ... & Peterson, C. B. (2016). The role of interpersonal personality traits and reassurance seeking in eating disorder symptoms and depressive symptoms among women with bulimia nervosa. *Comprehensive Psychiatry*, *68*, 165-171. doi:10.1016/j.comppsy.2016.04.013
16. **Mason, T. B.**, & Lewis, R. J. (2016). Minority stress, body shame, and binge eating among lesbian women: Social anxiety as a linking mechanism. *Psychology of Women Quarterly*, *40*, 428-440. doi:10.1177/0361684316635529
15. Engel, S. G., Crosby, R. D., Thomas, J. G., Bond, D. S., Lavender, J. M., **Mason, T. B.**, ... & Wonderlich, S. A. (2016). Ecological momentary assessment in eating disorders and obesity research: A review of the recent literature. *Current Psychiatry Reports*, *18*, 37. doi:10.1007/s11920-016-0672-7
14. **Mason, T. B.**, Lewis, R. J., Gargurevich, M., & Kelley, M. L. (2016). Minority stress and intimate partner violence perpetration among lesbians: Negative affect, hazardous drinking, and intrusiveness as mediators. *Psychology of Sexual Orientation and Gender Diversity*, *3*, 236-246. doi:10.1037/sgd0000165
13. **Mason, T. B.**, Heron, K. E., Braitman, A. L., & Lewis, R. J. (2016). A daily diary study of perceived social isolation, dietary restraint, and negative affect in binge eating. *Appetite*, *97*, 94-100. doi:10.1016/j.appet.2015.11.027
12. **Mason, T. B.**, & Lewis, R. J. (2015). Assessing the roles of impulsivity, food-related cognitions, BMI, and demographics in the dual pathway model of binge eating. *Eating*

Behaviors, 18, 151-155. doi:10.1016/j.eatbeh.2015.05.015

11. Heron, K. E., **Mason, T. B.**, Sutton, T. G., & Myers, T. A. (2015). Evaluating the ecological validity of a body image quality of life measure using ecological momentary assessment (EMA) methods. *Body Image*, 15, 105–108. doi:10.1016/j.bodyim.2015.07.004
10. **Mason, T. B.** (2015). Parental instrumental feeding, negative affect, and binge eating among overweight individuals. *Eating Behaviors*, 17, 107-110. doi:10.1016/j.eatbeh.2015.01.013
9. **Mason, T. B.**, & Lewis, R. J. (2015). Minority stress and binge eating among lesbian and bisexual women. *Journal of Homosexuality*, 62, 971-992. doi:10.1080/00918369.2015.1008285
8. **Mason, T. B.**, & Lewis, R. J. (2015). Minority stress, depression, relationship quality, and alcohol-use: Associations with overweight and obesity among young adult lesbians in relationships. *LGBT Health*, 2, 333-340. doi:10.1089/lgbt.2014.0053
7. Kelley, M. L., Lewis, R. J., & **Mason, T. B.** (2015). Discrepant alcohol use, intimate partner violence, and relationship adjustment among lesbian women and their same-sex intimate partners. *Journal of Family Violence*, 30, 977-986. doi:10.1007/s10896-015-9743-5
6. **Mason, T. B.**, Lewis, R. J., Winstead, B. A., & Derlega, V. J. (2015). External and internalized heterosexism among sexual minority women: The moderating roles of social constraints and collective self-esteem. *Psychology of Sexual Orientation and Gender Diversity*, 2, 313-320. doi:10.1037/sgd0000115
5. Lewis, R. J., Padilla, M. A., Milletich, R. J., Kelley, M. L., Winstead, B. A., Lau-Barraco, C., & **Mason, T. B.** (2015). Emotional distress, alcohol use, and bidirectional partner violence among lesbian women. *Violence Against Women*, 21, 917-938. doi:10.1177/1077801215589375
4. **Mason, T. B.**, & Lewis, R. J. (2014). Profiles of binge eating: The interaction of depressive symptoms, eating styles, and body mass index. *Eating Disorders: The Journal of Treatment and Prevention*, 22, 450-460. doi:10.1080/10640266.2014.931766
3. **Mason, T. B.**, & Lewis, R. J. (2014). Reducing obesity among lesbian women: Recommendations for culturally tailored interventions. *Psychology of Sexual Orientation and Gender Diversity*, 1, 361-376. doi:10.1037/sgd0000074
2. Lewis, R. J., Milletich, R. J., **Mason, T. B.**, & Derlega, V. J. (2014). Pathways connecting sexual minority stressors and psychological distress among lesbian women. *Journal of Gay & Lesbian Social Services*, 26, 147-167. doi:10.1080/10538720.2014.891452
1. **Mason, T. B.**, Lewis, R. J., Milletich, R. J., Kelley, M. L., Minifie, J. B., & Derlega, V. J. (2014). Psychological aggression in lesbian, gay and bisexual individuals' intimate relationships: A review of prevalence, correlates, and measurement issues. *Aggression &*

Violent Behavior, 19, 219–234. doi:10.1016/j.avb.2014.04.001

BOOK CHAPTERS AND ENCYCLOPEDIA ENTRIES

5. **Mason, T. B.**, & Smith, K. E. (2020). Ought self. In V. Zeigler-Hill & T. K. Shackelford (eds.), *Encyclopedia of Personality and Individual Differences*. Springer. doi:10.1007/978-3-319-28099-8_1490-1
4. Smith, K. E., **Mason, T. B.**, Lavender, J. M., & Wonderlich, S. A. (in press). Body image assessment. In S. Richards & Cohen, (eds.), *Clinical Health Psychology*. Wiley.
3. **Mason, T. B.**, Smith, K. E., Lavender, J. M., & Wonderlich, S. A. (in press). Body image. In S. Richards & Cohen, (eds.), *Clinical Health Psychology*. Wiley.
2. **Mason, T. B.**, Lewis R. J., & Heron, K. E. (2017). Obesity in gender and sexual minority groups. In K. B. Smalley, J. C. Warren, & K. N. Barefoot, (eds.), *LGBT health: Meeting the health needs of gender and sexual minorities*. Springer.
1. Winstead, B. A., Lewis, R. J., Kelley, M. L., **Mason, T. B.**, Calhoun, D., & Fitzgerald, H. N. (2017). Intervention for violence and aggression in gay and lesbian relationships. In P. Sturmey (ed.), *The Wiley handbook of violence and aggression*. John Wiley & Sons. doi:10.1002/9781119057574.whbva077

INVITED TALKS/LECTURES

4. “Using mHealth and eHealth for obesity and eating disorder intervention and prevention.” Guest Lecture in Preventive Medicine 562: Intervention Approaches for Health Promotion and Disease Prevention. University of Southern California, Department of Preventive Medicine.
3. “Emotion dynamics and dysregulated eating.” Guest Lecture in Preventive Medicine 501: Foundations in Health Education and Promotion. University of Southern California, Department of Preventive Medicine.
2. “Using mobile technology in obesity and diabetes intervention and prevention research.” Lecture for the Summer Program in Diabetes and Obesity Research (SPIDOR). University of Southern California.
1. “Using mHealth and eHealth for obesity and eating disorder intervention and prevention.” Guest Lecture in Preventive Medicine 562: Intervention Approaches for Health Promotion and Disease Prevention. University of Southern California, Department of Preventive Medicine.

PAPER PRESENTATIONS

18. O'Connor, S.G., Liao, Y., **Mason, T.**, Belcher, B.R., Huh, J., Redline, S., Dunton, G.F. (April

- 2020) Daily associations of perceived stress and external stressors with sleep health in mother-child dyads. In Yang, C-H. (Chair) Applying Ecological Momentary Assessment and Daily Diary Methods to Understand Parent-Child Dyadic Influences on Health. Symposium to be presented at the 41st Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.
17. Wang, S., Dzibur, E., Yi, Li, **Mason, T.B.**, & Dunton, G.F. (2020, January). Validating social context EMA data with dyadic global positioning systems (GPS) data. To be presented at the Society for Ambulatory Assessment Conference, Melbourne, Australia.
 16. Do, B., **Mason, T. B.**, Yi, L., Yang, C., & Dunton, G. F. (2019, November). Momentary associations of stress and physical activity among children using Ecological Momentary Assessment. Paper to be presented at the American Public Health Association Annual Meeting and Expo, Philadelphia, PA.
 15. Arbel, R., Margolin, G., **Mason, T. B.**, Leventhal, A. M., & Dunton, G. (2019, August). Mother-youth emotional differentiation and youth adjustment: 6-wave study of mother-youth dyads across the transition to adolescence. Paper presented at the meeting of the European Conference on Developmental Psychology, Athens, Greece.
 14. **Mason, T. B.**, O'Connor, S. G., Cabison, J., Bastain, T., Naya, C. H., Chu, D., ... Dunton, G. F. (2019, June). Bi-directional associations of affective states and energy balance behaviors among pregnant women using ecological momentary assessment. In M. Reichert (Chair), From evidence on relationships of diet and physical behavior with mood towards tailored Smartphone-interventions in human everyday life. Paper presented at the biannual meeting of the Society for Ambulatory Assessment: Syracuse, NY.
 13. **Mason, T. B.** (2019, March). Translational research on inhibitory control and binge eating: From basic clinical research to intervention. Symposium presented at the Annual Convention of the Society for Behavioral Medicine: Washington DC
 12. **Mason, T. B.**, Engel, S. G., Wonderlich, S. A., & Crosby, R. D. (2019, March). Social processes and cognitive and physiological components of appetite using ecological momentary assessment. In K. Heron (Chair), Social processes in daily life: What do they mean for women's weight control behaviors? Paper presented at the Annual Convention of the Society for Behavioral Medicine: Washington DC.
 11. Yang, C-H., Zink J., **Mason T. B.**, Belcher, B.R., & Dunton, G. F. (2019, March). Applying time-varying effect modeling to explore age-varying bidirectional association between momentary affect and activity levels in children. Paper presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
 10. Arbel, R., Margolin, G., O'Connor, S., **Mason, T.**, Leventhal, A., & Dunton, G. (2019, March). What is the right amount of parenting stress?: 5-wave study of mother-youth dyads across the transition to adolescence. In A. Goldstein (Chair), A basic and applied understanding of the bidirectional links between parents' emotions and child well-being.

Paper to be presented at the Biennial Convention of the Society for Research in Child Development: Baltimore, MD.

9. Smith, K. E., **Mason, T. B.**, Crosby, R. D., Cao, L., Leonard, R., Wetterneck, C., ... & Moessner, M. (2017, May). A comparative network analysis of eating psychopathology and co-occurring depression and anxiety symptoms before and after treatment. Paper accepted at the International Conference on Eating Disorders: Chicago, IL.
8. **Mason, T. B.**, & Lewis, R. J. (2017, November). Behavioral and health-related patterns among lesbian women: Associations with general discrimination, sexual minority stress, affect, and support. In I. Seager (Chair), *Managing minority stress: Cognitive, affective, and behavioral responses to discrimination among sexual minorities*. Symposium presented at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies: San Diego, CA.
7. Lavender, J. M., Smith, K. E., **Mason, T. B.**, Wonderlich, S. A., Crosby, R. D., Mitchell, J. E., ... & Peterson, C. B. (2017, June). Unique associations of affect and maladaptive perfectionism with eating disorder symptoms in women with bulimia nervosa. Paper presented at the International Conference on Eating Disorders: Prague, Czech Republic.
6. Pacanowski, C. R., **Mason, T. B.**, Wonderlich, S. A., Crosby, R. D., Mitchell, J. E., Crow, S. J., & Peterson, C. B. (2017, June). Weight change over the course of binge eating disorder treatment: relationship to eating behavior and psychological factors. Paper presented at the International Conference on Eating Disorders: Prague, Czech Republic.
5. **Mason, T. B.**, Lavender, J. M., Crosby, R. D., Wonderlich, S. A., Steiger, H., Engel, S., & Mitchell, J. (2016, May). Comfortably numb: Momentary dissociation and bulimic behaviors in the natural environment. Paper presented at the International Conference on Eating Disorders: San Francisco, CA.
4. Lavender, J. M., **Mason, T. B.**, Utzinger, L. M., Wonderlich, S. A., Crosby, R. D., Engel, S., ... & Le Grange, D. (2016, May). Examining affect and perfectionism in relation to eating disorder symptoms among women with anorexia nervosa. Paper presented at the International Conference on Eating Disorders: San Francisco, CA.
3. **Mason, T. B.**, Heron, K. E., Braitman, A., & Lewis, R. J. (2015, March). Negative affect, social isolation, and restraint in daily binge eating. Paper presented at the Virginia Wesleyan College Feminist Works In Progress Meeting: Virginia Beach, VA.
2. Lewis, R. J., Winstead, B. A., & **Mason, T. B.** (2014, June). Rumination and isolation as stigma management strategies for lesbian women. In S. Chaudoir (Chair), *Concealable and constrained?: The pitfalls and promise of stigma management for well-being and social change*. Symposium presented at the 10th Biennial Convention of the Society for the Psychological Study of Social Issues: Portland, OR.
1. **Mason, T. B.** (2013, April). Minority stress and binge eating among sexual minority women.

Paper presented at the ODU Undergraduate Research Apprenticeship Meeting: Norfolk, VA.

POSTER PRESENTATIONS

42. Dzubur, E., Wang, S., **Mason, T.**, Do, B., Hedeker, D., Intille, S., Dunton, G. F. (April, 2020) The effect of temporally-dense sampling on variance of affect in ecological momentary assessment protocols. Poster session presented at the 41st Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine. San Francisco, CA.
41. Yi, L., **Mason, T. B.**, Yang, C.-H., Chu, D., & Dunton, G. F. (2020, February). 'Effects of Neighborhood Park and Open Space Accessibility on Longitudinal Trends in Children's Objectively Measured Physical Activity: the Evidence from the Match Study. Poster to be presented at the Active Living Conference., Orlando, FL.
40. **Mason, T. B.**, Do, B., Chu, D., Belcher, B. R., Dunton, G. F., & Lopez, N. V. (2019, November). Associations among affect, diet, and activity and binge-eating symptoms among men using ecological momentary assessment. Poster to be presented at the American Public Health Association Annual Meeting and Expo, Philadelphia, PA.
39. Naya, C.H., Peterson, A., Chavez, T., Eckel, S.P., Toledo-Corral, C., **Mason, T.**, Bastain, T., Breton, C., Dunton, G.F. (2019, November). Cortisol awakening response and weight during third trimester pregnancy among predominantly low-income Hispanic mothers. Poster presented at the 2019 Obesity Week, Las Vegas, Nevada.
38. Wang, S. D., Yang, C., **Mason, T. B.**, Belcher, B. R., Dzubur, E., & Dunton, G. F. (2019, March). Investigating mothers' role modeling of physical activity and sedentary behavior using ecological momentary assessment. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
37. Do, B., Yang, C., Lopez, N. V., Margolin, G., **Mason, T. B.**, & Dunton, G. F. (2019. March) Investigating the association between maternal support and children's healthy eating using Ecological Momentary Assessment. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
36. **Mason, T. B.**, Kolotkin, R. L., Crosby, R. D., Strain, G., Yanovski, S., Flum, D., ... Mitchell, J. E. (2018, April). Associations between facets of weight-related quality of life and maladaptive behaviors before and after bariatric surgery. Poster presented at the Society of Behavioral Medicine, New Orleans, LA.
35. **Mason, T. B.**, Smith, K. E., Wonderlich, S. A., Engel, S. G., Mitchell, J. E., & Crosby, R. D. (2017, June). Psychopathology profiles of dark personality traits among women with bulimia nervosa. Poster presented at the International Conference on Eating Disorders: Prague, Czech Republic.
34. Pearson, C. M., **Mason, T. B.**, Cao, L., Goldschmidt, A. B., Lavender, J. M., Crosby, R. D.,

- ... & Peterson, C. B. (2017, June). A test of a state-based, self-control theory of binge eating in adults with obesity. Poster presented at the International Conference on Eating Disorders: Prague, Czech Republic.
33. Crosby, R. D., Moessner, M., Bauer, S., Wonderlich, S. A., Engel, S. G., Lavender, J. M., & **Mason, T. B.** (2016, October). Evaluating the effects of childhood abuse on dynamic affective structure in bulimia using a network analytic approach. Poster presented at the 22nd Annual Eating Disorders Research Society meeting: New York City, NY.
32. Heron, K. E., Lewis, R. J., & **Mason, T. B.** (2016, March). The development and feasibility of a daily diary study of sexual minority stress and alcohol use in same-sex female partner dyads. Poster presented at the Annual Convention of the Society of Behavioral Medicine: Washington, D.C.
31. Lewis, R. J., **Mason, T. B.**, Winstead, B. A., & Kelley, M. L. (2015, August). A conceptual framework of intimate partner violence among lesbian women. Poster presented at the Annual Convention of the American Psychological Association: Toronto, Canada.
30. Lewis, R. J., Kelley, M. L., & **Mason, T. B.** (2015, June). Discrepant alcohol use, relationship adjustment, and intimate partner violence among lesbian women. Poster presented at the Annual Convention of the Research Society on Alcoholism: San Antonio, TX.
29. Lewis, R. J., **Mason, T. B.**, & Winstead, B. A. (2015, May). Pathways to Alcohol Misuse among Black and White Lesbians: Socioeconomic Status, Minority Stress and Drinking to Cope. Poster presented at the 27th Annual Convention of the Association of Psychological Science: New York, NY.
28. Haywood, J., Hacker, D., **Mason, T. B.**, Maduro, R., Derlega, V. J., & Henson, J. M. (2015, May). Co-rumination and thought intrusions mediate the relation between race-based rejection sensitivity and African American students' reactions to the George Zimmerman trial. Poster presented at the 27th Annual Convention of the Association of Psychological Science: New York, NY.
27. Jeffers, A. J., **Mason, T. B.**, & Benotsch, E. (2015, April). Ecological momentary assessment, sugar consumption, and fruit/vegetable intake. Poster presented at the Annual Convention of the Society of Behavioral Medicine: San Antonio, TX.
26. **Mason, T. B.** & Lewis, R. J. (2015, April). Social anxiety and body shame link minority stress and binge eating among lesbian young adults. Poster presented at the Annual Convention of the Society of Behavioral Medicine: San Antonio, TX.
25. Heron, K. E., **Mason, T. B.**, Sutton, T., & Myers, T. (2015, April). Evaluating the ecological validity of a body image quality of life measure using ecological momentary assessment (EMA) methods. Poster presented at the Annual Convention of the Society of Behavioral Medicine: San Antonio, TX.

24. Kelly, B., Prothero, M., **Mason, T. B.**, & Lewis, R. J. (2015, April). Relationship status, minority stress, alcohol use, and intimate partner violence among lesbians. Poster presented at the Bi-annual Meeting of the Virginia Psychological Association: Norfolk, VA
23. Sutton, T., Heron, K. E., **Mason, T. B.**, & Myers, T. (2015, March). Validation of the Body Image Quality of Life Inventory for college women With subclinical eating disorders. Poster presented at the Virginia Wesleyan College Feminist Works In Progress Meeting: Virginia Beach, VA.
22. Maduro, R. S., Derlega, V. J., Hollis B., **Mason, T. B.**, Harrison, S., & Janda, L. (2014, August). How race-based rejection sensitivity and social constraints are related to African-American students' reactions to the George Zimmerman trial. Poster presented at the Annual Convention of the American Psychological Association: Washington D.C.
21. **Mason, T. B.**, & Lewis, R. J. (2014, August). Restraint and negative affect in binge eating: Comparing overweight and normal weight individuals. Poster presented at the Annual Convention of the American Psychological Association: Washington D.C.
20. Bock, S., **Mason, T. B.**, & Lewis, R. J. (2014, August). Suicidal ideation among LGBT youth. Poster presented at the Annual Convention of the American Psychological Association: Washington D.C.
19. Calhoun, D., **Mason, T. B.**, & Lewis, R. J. (2014, August). The association between minority stress and alcohol use in lesbian women. Poster presented at the Annual Convention of the American Psychological Association: Washington D.C.
18. **Mason, T. B.**, & Lewis, R. J. (2014, May). A model connecting minority stress and psychological aggression in lesbian women's relationships. Poster presented at the 26th Annual Convention of the Association of Psychological Science: San Francisco, CA.
17. Akinola, M. T., Gaskins, M. A., Irons, L., **Mason, T. B.**, & Lewis, R. J. (2014, April). The relationship between minority stress and drinking motives among lesbian women. Poster presented at the Bi-annual Meeting of the Virginia Psychological Association: Norfolk, VA
16. **Mason, T. B.**, Gaskins, M. A., & Lewis, R. J. (2014, March). Remembered parental instrumental feeding and binge eating for affect regulation among overweight individuals. Poster presented at the 4th Annual Graduate Research Achievement Day: Norfolk, VA.
15. Bock, S., **Mason, T. B.**, & Lewis, R. J. (2014, March). Suicidal ideation among LGBT youth. Poster presented at the 4th Annual Graduate Research Achievement Day: Norfolk, VA.
14. Lewis, R. J., Milletich, R. J., Padilla, M. A., Kelley, M. L., Winstead, B. A., Lau-Barraco, C., & **Mason, T. B.** (2013, June). Alcohol use and partner violence among lesbians:

Preliminary findings. Poster presented at the Annual Convention of the Research Society on Alcoholism: Orlando, FL

13. **Mason, T. B.**, & Lewis, R. J. (2013, May). A mediated model of minority stress and binge eating among sexual minority women. Poster presented at the 25th Annual Convention of the Association of Psychological Science: Washington D.C.
12. Lewis, R. J., Milletich, R. J., **Mason, T. B.**, & Derlega, V. J. (2013, May). Social constraints mediate the relationship between sexual minority stress and psychological distress among lesbians. Poster presented at the 25th Annual Convention of the Association of Psychological Science: Washington D.C.
11. Hempler, E. L., Mann, E. V., **Mason, T. B.**, & Lewis, R. J. (2013, April). Sexual minority women's transition to parenthood: How legal barriers relate to relationship strain. Poster presented at the Virginia Psychological Association Spring Convention: Richmond, VA.
10. **Mason, T. B.**, Gargurevich, M., & Lewis, R. J. (2013, April). Connecting experiences of minority stressors: The role of LGB resources. Poster presented at the Virginia Psychological Association Spring Convention: Richmond, VA.
9. Davis, S. N., Lewis, R. J., & **Mason, T. B.** (2013, April). Female athletes' confidence and experiences. Poster presented at the Virginia Psychological Association Spring Convention: Richmond, VA.
8. Davis, S. N., **Mason, T. B.**, & Lewis, R. J. (2013, February). Female athletes' confidence and experiences. Poster presented at the Annual Old Dominion University Undergraduate Research Symposium: Norfolk, VA.
7. Hempler, E. L., Mann, E. V., **Mason, T. B.**, & Lewis, R. J. (2013, February). Sexual minority women's transition to parenthood: How legal barriers relate to relationship strain. Poster presented at the Annual Old Dominion University Undergraduate Research Symposium: Norfolk, VA.
6. **Mason, T. B.**, Minifie, J. B.; Lewis, R. J., & Derlega, V. J. (2012, May). Social constraints mediate the relationship between stigma consciousness and psychological distress in sexual minority women. Poster presented at the 24th Annual Convention of the Association of Psychological Science: Chicago, IL.
5. Lewis, R. L., Milletich, R. J., Kelley, M. L., **Mason, T. B.**, Derlega, V. J., & Minifie, J. B. (2012, May). Psychological aggression in lesbians' relationships. Poster presented at the 24th Annual Convention of the Association of Psychological Science: Chicago., IL.
4. Dhillon, J. K., Hempler, E. L., Kowalczyk, D. M., McDaniel, K. B., Lewis, R. L., **Mason, T.B.**, & Derlega, V. J. (2012, April). Correlates of partner violence among lesbians. Poster presented at the Virginia Psychological Association Spring Convention: Norfolk.

3. Lund, S. K., Dhillon, J. K., Hollis, B. F., Lewis, R. L., **Mason, T. B.**, & Derlega, V. J. (2012, April). Correlates of psychological aggression among lesbians. Poster presented at the Virginia Psychological Association Spring Convention: Norfolk, VA.
2. **Mason, T. B.**, Lewis, R. J., & Clayman, S. L. (2011, May). Judeo-Christian religious lesbians experience more internalized homophobia and disclose less. Poster presented at the 23rd Annual Convention of the Association of Psychological Science: Washington D.C.
1. Ganuelas, A. J., **Mason, T. B.**, Derlega, V. J., & Benotsch, E. G. (2011, April). Internal versus external motivations for weight loss, obesity, and weight loss strategies. Poster presented at the 32nd Annual Convention of the Society for Behavioral Medicine: Washington D.C.

REVIEWER SERVICE

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BMC Psychiatry, Associate Editor, Eating Disorder Section (2019-Present)
Eating and Weight Disorders, Editorial Board Member (2019-Present)
Eating Behaviors, Editorial Board Member (2018-Present)

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 Association for Psychological Science Student Grant Competition
 Netherlands Organisation for Health Research and Development
 Academy for Eating Disorders Assessment and Diagnosis SIG Award
 Clinical and Translational Science Institute

Journal Reviewer

Journal of Abnormal Psychology
Health Psychology
American Journal of Preventive Medicine
International Journal of Eating Disorders
Appetite
Journal of Eating Disorders
Advances in Eating Disorders
Eating Behaviors
Body Image
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Social Science & Medicine
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Psychiatry Research
Comprehensive Psychiatry
Journal of Research on Adolescence
Sex Roles
Women & Health
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Australian and New Zealand Journal of Psychiatry
Journal of Health Psychology
Journal of Affective Disorders
Psychology of Men and Masculinities
American Journal of Orthopsychiatry
Eating and Weight Disorders
Journal of Marital and Family Therapy
Health and Quality of Life Outcomes
Substance Use and Misuse
Journal of Homosexuality
Journal of Social and Personal Relationships
BMC Public Health
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Clinical Medicine Insights: Women's Health
Adolescent Health, Medicine and Therapeutics
Psychology Research and Behavior Management

Frontiers in Psychology
Current Psychology
Aggression & Violent Behavior
LGBT Health
JMIR mHealth and uHealth
Eating Disorders
Psychology of Women Quarterly

Clinical Psychology & Psychotherapy
Journal of Bisexuality
Applied Nursing Research
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Behavior Therapy and Experimental Psychiatry

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Society for Behavioral Medicine (2015–Present), Member

Applied Experimental Psychology Student Association (2012–2015), Secretary and Member

ODU Undergraduate Research Apprenticeship Program (2011–2012), Coordinator